**<< Farm Name >> EMPLOYEE ASSISTANCE PROGRAM**

RESOURCES:

1. Addiction Services Nova Scotia - <https://novascotia.ca/dhw/addictions/>
2. [Bayers Road Community Mental Health & Addictions](http://www.nshealth.ca/locations-details/Bayers%20Road%20Centre)

A two-week group program for individuals that require a more intensive and daily treatment option.

Individuals may benefit from this type of program if they recently left an inpatient treatment program (i.e. detox) or need more help making changes to their substance use and/or gambling after trying other community-based treatment methods.

Bayers Road Centre, Suite 109, 7071 Bayers Road, Halifax, NS
Tel: 902-424-1022
Monday to Friday: 9:30 a.m. to 3:30 p.m. (with some exceptions)

1. [Fisherman’s Memorial Hospital](http://www.nshealth.ca/locations-details/Fishermen%27s%20Memorial%20Hospital)

An ongoing, client-focused program that is based on what the client or group of clients want to work on that day. There is no waitlist or referral process. The client or family member simply walks in, meets with staff to form a care plan with them and then gets started.
Tel: 902-634-8801 x1713228
**Hours**: Daily 8:30 a.m. to 3:30 p.m.

1. Community Mental Health & Addictions Clinics

Community Mental Health and Addictions includes a team of mental health and addictions professionals who provide services on an outpatient basis

For a list of clinics in Nova Scotia visit: <http://www.nshealth.ca/service-details/Community%20Mental%20Health%20and%20Addictions%20Clinic>

1. Crisis Response Service

Our local Crisis Response Services provide assistance to children, youth, and adults who are experiencing a crisis due to a mental health disorder, harmful substance use or gambling problem.

**Colchester - East Hants areas**
Tel: 902-896-2606 or toll free 1-800-460-2110, ex. 42606
**Hours:** Monday to Thursday: 9 a.m. to 6 p.m.; Friday: 9 a.m. to 4:30 p.m.

**Cumberland area**
Tel: 902-667-3879
**Hours**: Monday to Friday: 8:30 a.m. to 4:30 p.m.

**Pictou County**
Tel: 902-755-1288
**Hours**: Monday to Friday: 8:30 a.m. to 4:30 p.m.

1. **Outpatient Addiction Services (Adult)**

This program offers a wide range of addiction services for individual, families, and communities.

For a list of clinics in Nova Scotia: [http://www.nshealth.ca/service-details/Outpatient%20Addiction%20Services%20(Adult)](http://www.nshealth.ca/service-details/Outpatient%20Addiction%20Services%20%28Adult%29)

1. Withdrawal Management and Wellness (Detox)

The Withdrawal Management and Wellness Program ("Detox") combines functions of an outpatient (day program) withdrawal management (detox) and structured treatment, providing the support of a team-based approach.

[Soldier’s Memorial Hospital](http://www.nshealth.ca/locations-details/Soldiers%27%20Memorial%20Hospital) Tel: 1-855-273-7110

1. Women’s Services

Women’s Services are designed to meet the specific needs of women who have an addiction or who are affected by the addiction of others.

[Chipman Building](http://www.nshealth.ca/locations-details/Chipman%20Building)
Tel: 1-855-273-7110
**Hours**: Monday to Friday: 8:30 a.m. to 4:30 p.m. excluding holidays

[Yarmouth Regional Hospital](http://www.nshealth.ca/locations-details/Yarmouth%20Regional%20Hospital)
Tel: 902-742-4222
**Hours**: Monday to Friday: 8:30 a.m. to 4:30 p.m., excluding holidays