**Pallet Jack Safety**

Many farms have a pallet jack. Basically, where you may find a pallet, you are likely to find a pallet jack! They make lifting and carrying large and heavy loads a lot easier. Although helpful, if not used correctly can be dangerous, especially when loaded down with hundreds of pounds of material such as feed, fruits, vegetables, fertilizer, and more.

**Hazards of a Pallet Jack**

Injuries that most commonly occur from the use of pallet jacks include crushed or pinched toes, scraped knuckles, and back strain. When a pallet jack is stored with its’ forks in aisles, walkways and in open spaces it can become a tripping hazard. Some other common hazards of pallet jacks include uneven or slippery floors, loss of control on ramps, not being able to see around loads, and poor maintenance.

**Best Practice when using a Pallet Jack**

**Pallet Jack Safety – DISCUSSION RECORD**

**Agenda:**

* What types of pallet Jacks are used on farm?
* Are the owner’s manuals available to new workers?
* Does the farm have a safe work practice for pallet jacks and their uses on farm?

Comments or safety concerns as a result of the discussion or observed since the last rally?

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Follow-up to concerns raised at previous rally?  
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Action Items?  
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Near Miss/Incidents/Unsafe Acts/Conditions to Report?

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Topics recommended for future Rallies: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Thank the rally members for their participation.**

**Quiz Answers:** 1. T, 2. T, 3. d, 4. b, 5. T

**TEST YOUR KNOWLEDGE**

1. Pallet Jacks make lifting and carrying large and heavy loads a lot easier. Although helpful.

True or False

2. if not used correctly can be dangerous, especially when loaded down with hundreds of pounds of material such as feed, fruits, vegetables, fertilizer, and more. True or False

3. Examples of common injuries while using pallet jacks include:

1. Crushed or pinched toes.
2. Back Strain
3. Scraped Knuckles.
4. All of the Above

4. When a pallet jack is stored with its’ forks in aisles, walkways and in open spaces it can become a \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ hazard.

1. Eye Sore
2. Tripping
3. Loss of Control

5. Clear the chosen path of hazards and keep up with regular maintenance on the pallet jack.

True or False

**Attendance RECORD**

\*This is to acknowledge that I understand and agree to actively participate in the safety meeting.

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