**<< Farm Name >> EMPLOYEE ASSISTANCE PROGRAM**

RESOURCES:

1. New Start Counselling

#900, 45 Alderney Drive, Dartmouth, NS B2Y 2N6

902-423-4675

1. Bridges -Domestic Abuse Intervention

676 Prince Street, Truro, NS B2N 1G6

902-897-6665

1. Pictou County Women’s Resource & Sexual Assault Center

504 S Frederick St. New Glasgow, NS B2H 3P3

902-755-4647

1. **Antigonish Women’s Resource Centre and Sexual Assault Services Association (SASA)**(902) 863-6221  
   [antigonishwomenscentre.com](http://antigonishwomenscentre.com/)
2. **Avalon Sexual Assault Centre**(902) 422-4240  
   [avaloncentre.ca](http://avaloncentre.ca/)
3. **Colchester Sexual Assault Centre**(902) 897-4366  
   [colchestersac.ca](http://www.colchestersac.ca/)
4. [Harbour House](https://www.ementalhealth.ca/index.php?m=record&ID=49310)

Bridgewater, NS, B4VV2W9

902-543-3665

[http://www.harbour-house.ca](http://www.harbour-house.ca/)

1. [Canadian Mental Health Association, Nova Scotia Division (CMHA)](https://www.ementalhealth.ca/index.php?m=record&ID=9952)

45 Alderney Drive, Dartmouth, NS, B2Y 2N6

902-466-6600

[http://www.novascotia.cmha.ca](http://www.novascotia.cmha.ca/)

1. [Self-Help Connection](https://www.ementalhealth.ca/index.php?m=record&ID=9981)

5571 Cunard Street, Halifax, NS, B3K 1C5

902-466-2011

[http://www.selfhelpconnection.ca](http://www.selfhelpconnection.ca/)